

FOR IMMEDIATE RELEASE: 09/24/20

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**RAVALLI COUNTY COVID-19
PUBLIC HEALTH UPDATE**

Hamilton, Mont. – As of 4pm today, Ravalli County Public Health has received **two new cases of COVID-19. Ravalli County currently has 15 active cases of COVID-19.**

- The first new case is a female in her forties with symptoms; this case is a contact of an active case.
- The second new case is a female in her seventies with symptoms; this case is likely due to community spread.
- One active case remains hospitalized.
- Public Health nurses continue to release active cases from isolation once they recover from symptoms.

**COLD AND FLU SEASON IS RIGHT AROUND THE CORNER.
WEARING A MASK WILL REDUCE THE RISK OF ALL VIRAL TRANSMISSION
VIA RESPIRATORY DROPLETS.**

- The common Cold and Influenza are spread person-to-person in the same way that COVID-19 spreads.
 - Respiratory droplets are emitted when a person is: coughing, sneezing, or speaking.
- The best ways to minimize your risk of contracting the Cold or Flu are the same best practices for minimizing your risk of contracting COVID-19:
 - Wear a mask which covers your nose and mouth.
 - Maintain a minimum physical distance of six feet from other people.
 - Wash your hands thoroughly and often.
 - Keep your social circle as small as possible.

If you have symptoms of COVID-19, please call your provider.

If you have a known exposure to someone with COVID-19, Public Health recommends you self-quarantine and call Public Health for further guidance.

If you have any questions regarding COVID-19, please call: (406) 375-6672.

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