

FOR IMMEDIATE RELEASE: 08/28/20

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RAVALLI COUNTY COVID-19 PUBLIC HEALTH UPDATE

Hamilton, Mont. – As of 4pm today, Ravalli County Public Health has received **one new case of COVID-19. Ravalli County currently has 11 active cases of COVID-19.**

- The new active case is a female in her thirties. She is a contact of an active case.
- Public Health nurses continue to release active cases from isolation once they recover from symptoms.

Public Health recommendations for isolation of active cases in the home:

- According to the CDC, COVID-19 spread from person-to-person happens most frequently among close contacts (within about 6 feet). This type of transmission occurs via respiratory droplets.
- Anyone feeling ill should wear a mask and limit contact with others.
- Any person who has tested positive for COVID-19 should have the **absolute minimum contact** possible with others.
- Anyone who has been exposed to a known positive case should quarantine themselves for a period of 14-days and monitor for symptoms.
- Any member of a household who has tested positive for COVID-19 should be isolated in a room alone and away from other family/household members.
- **If separation and isolation is not possible** in your home, it is imperative that members of a family/household **wear a mask in the home** to minimize the potential for viral spread.
- Anyone who has tested positive for COVID-19 -or- is feeling ill should be using separate dishes and silverware for meals.
- Any, and all surfaces/objects touched by active cases of COVID-19 -or- common areas used by active cases need to be sanitized as soon as possible.
- All products on the following list meet the EPA's criteria for use against SARS-CoV-2, the virus that causes COVID-19.
 - <https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2-covid-19>
- Being around other people while you are ill may put their health, well-being, and ability to work at risk.
 - ✓ **If you feel sick, it is imperative that you stay home and do not interact with others.**

-Do not go to work.

-Do not go out shopping.

-Isolate yourself from others and contact your provider.

If you have symptoms of COVID-19, please call your provider.

If you have a known exposure to someone with COVID-19, Public Health recommends self-quarantine
and to call Public Health for further guidance.

If you have any questions regarding COVID-19, please call: (406) 375-6672.

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