

Press Release- Community Event

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FOR IMMEDIATE RELEASE
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Marcus Daly Memorial Hospital Health Education Series Memory “Cognitive” Health Matters

Join Stuart Kieran, MD of Bitterroot Neurology on Thursday November 17th at 5:30pm for a one hour class about how to protect your memory as you age, Memory “Cognitive” Health Matters. Good cognitive health is like physical health the early you get started, the better the outcomes as you age. Learn some simple steps to increase your chances of retaining your memory as you age and a few tools to support your loved one when dealing with Alzheimer’s disease and other types of dementia.

Marcus Daly Medical Staff offers these health education classes. Take this opportunity to meet the medical staff and learn how to become a more active partner in your health care through informative and engaging classes. For information about upcoming classes visit mdmh.org/hes or call (406) 363-2211.

Working together to build a healthier community!

*“Daly Excellence”
Our commitment to the Bitterroot Valley
is quality, accessible, personalized healthcare.*

